



Jacksonville Sports Medicine Program Suggested Sideline Equipment and Supplies
for Team Physicians

Suggested Equipment and Supplies

It is suggested that these items are a part of the first aid kit present at games and practices at home and away.

Equipment:

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| 1. Tongue Forceps | 2. Oral Screw |
| 3. Airway | 4. Scoop Stretcher |
| 5. Pair Crutches | 6. Disposable scalpel |
| 7. Bolt Cutters | 8. Fracture Kit |

Supplies

1. 2x2 Sterile Gauze Pads
2. 4x4 Gauze Pads
3. 1x3 Sterile Adhesive Strips
4. 2x4 Sterile Adhesive Strips
5. Adhesive Tape, ½, 1, 1 ½
6. Triangular Bandages For Slings
7. Eye Patches
8. General Antibiotic Ointment
9. Cotton Tip Applicators
10. Soft Cervical Collar (Philadelphia)
11. Mild Soap (Betadine scrub/generic)
12. Tongue Blades
13. Tweezers
14. Trainers Scissors
15. Ice Bags
16. Eye Cup
17. Elastic Bandages, 3", 4", 6"
18. Iodine Preps
19. Pen Light