

## Annual JSMP Awards Background and Recommendations

These awards represent several categories of distinction and are representative of the sports safety efforts throughout the north Florida region. In 2022, the JSMP will host its first annual Sports Safety Awards recognition program. This Awards Gala will officially establish a formal evening event; therefore, separating the awards portion from educational programming.



### **R. Stephen Lucie, MD High School Sports Medicine Program of the Year**

#### **History:**

A new award introduced in 2022 to recognize a comprehensive HS sports medicine program that is exceeding the standard for sports safety. This award is named in the memory of JSMP Founding Physician Member, R. Stephen Lucie, MD.

A Founding partner of the Jacksonville Orthopaedic Institute and the first Jacksonville Jaguars team physician, Dr. Richard Stephen Lucie, was an enthusiastic advocate for high school sports safety. Dr. Lucie was proud of his involvement in establishing the **Jacksonville Sports Medicine Program (JSMP)**, a nationally renowned nonprofit high school sports safety program that promotes best practices and advocates for certified/licensed athletic trainers in schools to prevent and treat injuries. The program has become a model for the rest of the country. In 1984, after several years of successfully offering free annual sports screenings for middle school and high school kids, Dr. Lucie engaged Wolfson Children's Hospital, Nemours Children's Health, The Duval County Medical Society and the Duval County Public Schools and the JSMP

was formed as a community collaborative to benefit the kids of Jacksonville. Since 1984, the programming within the program has grown exponentially including the addition of Brooks Rehabilitation as a Sustaining Partner.

More than 50,000 student-athletes have successfully completed comprehensive screenings, thousands of hours of continuing medical education has influenced our local health care providers and most recently, due to Dr. Lucie's influence, the Duval County Public Schools has recognized the importance of licensed athletic trainers in every high school to keep kids safe.

Through the leadership of Dr. Lucie within the Florida Orthopedic Society, The Florida Alliance for Sports Medicine (FASMed), The Jacksonville Sports Medicine Program, the American Academy of Orthopaedic Surgeons, the American Orthopaedic Society for Sports, the Jacksonville Orthopaedic Institute and the Duval County Medical Society, Florida has achieved a top-ranking in high school sports safety. Florida has become one of the safest places in the Country to play HS sports!

Dr. Lucie peacefully passed from this earth surrounded by family on December 10, 2021, at the age of 72 after a valiant battle with cancer. His legacy on high school sports safety will forever benefit student-athletes throughout Florida.

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In 2015, Project17 was launched to assist the Duval County Public Schools in the creation of athletic training programs within each of their high schools. The program, a true community collaboration, united the NFL, and the Jaguars along with Florida Blue, Jacksonville University, the JSMP, the City of Jacksonville and many private supporters with the DCPS with the goal of comprehensive prevention and care strategies for student-athletes. As of 2020, the program has succeeded in all 17 public high schools.

The role of the athletic trainer in each school is to provide sports safety leadership within each school to comply with professional and clinical best-practices for sports injuries, state statute and District-wide policies. Together with a volunteer team physician, the comprehensive athletic training program aims to prevent athletic injury, recognize when injuries do occur, facilitate early care intervention and to guide safe return to play.

***The Jaguars Prep R. Stephen Lucie, MD Sports Medicine Program of the Year Award*** has been created to support and motivate high-achieving programs who are fulfilling the mission of sports safety leadership successfully in their schools and who are providing a model for other schools to emulate.

## **Recommended Criteria:**

- A program (Athletic trainer & Team Physician) who has demonstrated a sincere commitment in the area of youth sports safety within high school sports in cooperation with school Principal, Athletic Director, Coaches and Parents.
- Enthusiastic advocacy or clinical service benefitting north Florida or the state of Florida as an athletic trainer or team physician as evidenced through speaking engagements, volunteer roles, meeting attendance or social media presence.
- Demonstrated passionate commitment through actions, volunteerism, and leadership to the mission of the Jacksonville Sports Medicine Program and kid's sports safety.
- Proficient and profound implementation of best practice standards within school-based athletic training facility and program.
- Advanced communication and messaging regarding sports injury prevention, early interventions and community leadership.
- Creative student engagement for those interested in health care professions and those seeking health care services.

**Past recipients: *The Jaguars Prep R. Stephen Lucie, MD High School Sports Medicine Program of the Year Award***

Inaugural Award 2022:

# The Joseph E. Bourdon Sports Medicine Achievement Award



**History:** This award is presented, as requested by the Jacksonville Sports Medicine Program (JSMP) Board, to the person who has demonstrated a sincere interest in the area of sports safety, particularly for youth athletes, within north Florida or throughout the State of Florida.

Mr. Joe Bourdon served as Executive Director for the JSMP from 1984 - until his retirement in 2006. Joe was instrumental in launching the annual athlete screenings for area middle school and high school athletes. This flagship service has provided pre-participation screenings for more than 50,000 kids. The screenings benefit all kids, regardless of their ability to pay. Mr. Bourdon also worked hard to bring together area physicians and athletic trainers to assist the Duval County Schools and other community agencies with healthcare coverage for numerous sporting events.

After graduation from Marquette University in 1965 and Bowling Green State University 1968, Joe continued his career as an Athletic Trainer for numerous colleges and professional sports teams. Mr. Bourdon loved his work and is well-admired and respected. Joe finished his career as the Director of Sports Medicine at Nemours Children's Health and as the Executive Director of the JSMP. Mr. Bourdon is a member of the Athletic Trainers Association of Florida Hall of Fame and was the recipient of a number of awards for his service to the profession.

Mr. Bourdon passed on March 29, 2011. This award is dedicated to his legacy in northeast Florida and to honor the efforts of all who advocate for high school sports safety.

**Recommended Criteria:** *The Joseph E. Bourdon Sports Medicine Achievement Award*

**This award is a lifetime achievement award for those serving our  
Northeast Florida communities**

- A physician, athletic trainer or clinical professional who has demonstrated a sincere interest and passion in the area of youth sports safety advocacy.
- Candidate shall exemplify the mission of the JSMP through significant, lasting contributions that enhance the quality of health care provided by sports medicine providers and advance the profession.
- Advocacy for kids sports health, safety and care and/or clinical service benefitting the student-athletes of north Florida or throughout the state of Florida.
- Demonstrated passionate commitment through actions, volunteerism, and leadership to the mission of the Jacksonville Sports Medicine Program and kid's sports safety.

**Recipients:**

- 2013 R. Stephen Lucie, MD
- 2014 Mike Ryan, PT, LAT, ATC, PES
- 2015 Richard Boltman, MD
- 2016 Walter Taylor, MD
- 2017 Paul Zawatsky, MD
- 2018 Not Awarded
- 2019 Not Awarded
- 2020 Not Awarded
- 2021 Not Awarded

# **Leadership in Sports Health, Safety and Research**

**History:** The inaugural Leadership in Sports Health, Safety and Research Award was presented to the National Football League, with NFL Commissioner Roger Goodell on hand to accept the award on the league's behalf in 2016. The NFL's work to promote safety through various programs includes:

- USA Heads-Up Football training.
- NFL/LISC Community Fields.
- Major medical research on concussion and safety issues.

Expressly, in Jacksonville, the NFL has provided leadership and partnership to Project 17 to initiate comprehensive athletic training programs in all Duval County public high schools.

## **Recommended criteria: *Leadership in Sports Health, Safety and Research Award***

- One who has, or, is demonstrating leadership in the areas of Sports Health, Safety and Research
- A community member or national advocate active in promoting sports safety who has worked tirelessly to advance the topic of sports safety for kids.
- A member of the educational or research community who has provided material which substantially impacts and changes the direction in care of kids sports safety.
- A physician, administrator, healthcare professional or community advocate who demonstrates outstanding leadership through their care and commitment to youth sports safety.

## **Recipients:**

- 2016 National Football League, represented by NFL Commissioner Roger Goodell
- 2017 Larry Roziers, DCPS Superintendent Family and Community Engagement
- 2019 Tammie Talley, DCPS - District Athletic Director
- 2020 Not Awarded
- 2021 Not Awarded

# High School Team Physician of the Year



## History:

To recognize a physician that has gone above and beyond the call of duty as a volunteer member of a high school sports medicine program.

Providing volunteer physician services within a high school sports program takes a significant commitment and tremendous sacrifice. High school team physicians dedicate personal time, mentorship and leadership to licensed athletic trainers and high school athletic training programs. The most successful sports medicine programs require much more than attending football games on a Friday evening. Many times these physicians are engaged providing pre-participation exams, reviewing protocols and policies and educating parents, coaches and administrators on sports safety standards. The team physician works collaboratively with the athletic trainer to ensure that kids participating in sports programs are provided with the best opportunity for safe play.

There are times when team physicians are asked to evaluate injuries after hours or accommodate athletes within an already over-booked schedule. There are quite frequently times where student-athletes are provided care regardless of their ability to pay for physician services.

In today's times, finding dedicated volunteers is growing increasingly more challenging. We are fortunate to have a terrific physician community in north Florida.

**The Team Physician of the Year Award** is created to honor a physician who has exceeded the traditional expectations of a volunteer and has demonstrated significant personal investment into a school program.

## Recommended Criteria: *High School Team Physician of the Year Award*

- A Physician (*can include Physician Assistant or ARNP*) who has demonstrated a sincere commitment in the area of youth sports safety within high school sports.
- Regular attendance at athletic events and within athletic training facility at the high school frequently engaged in leadership conversations with athletic training staff.
- Enthusiastic advocate for sports safety within the high school athletic department and among parents.

- Superior clinical services benefitting north Florida student-athletes as demonstrated by accommodating schedule or by assistance in obtaining appointment with other providers.
- Engaged team physician as evidenced through speaking engagements, volunteer roles, meeting attendance or social media presence.
- Demonstrated passionate commitment through actions, volunteerism, and leadership to the mission of the Jacksonville Sports Medicine Program and kid's sports safety.
- Proficient and profound implementation of best practice standards within school-based athletic training facility and program.
- Advanced communication and messaging regarding sports injury prevention, early interventions and community leadership.
- Creative student engagement for those interested in health care professions and those seeking health care services.

### **Recipients: The Team Physician of the Year Award**

2018 Kevin Kaplan, MD – Atlantic Coast HS (DCPS)

2019 Howie Weiss, MD - Robert E. Lee HS (DCPS) – now renamed Riverside HS

2020 Reginald Sykes, MD – Jean Ribault HS (DCPS)

2020 Willie Pennick, MD – William Raines HS (DCPS)



# High School Athletic Trainer of the Year



## History:

**A new recognition in 2022** to recognize an athletic trainer that has demonstrated professional excellence as a high school licensed athletic trainer.

Being an athletic trainer at the high school level can be a very challenging, yet, very rewarding position. At the high school level, the athletic trainer (health care provider) is frequently considered an extension of the coaching staff rather than a member of the health care team which is in contrast to professional counterparts in college and pro settings. The athletic trainer at the high school level frequently provides care and service to hundreds of athletes per season versus the care provided by college or pro colleagues. Due to the nature of the beast, the high school athletic trainer performs these duties with an extremely limited budget, sometimes no budget for supplies and equipment. Regardless, the high school athletic trainer is one of the most influential persons in regard to safe participation in sports for student-athletes.

**The High School Athletic Trainer of the Year Award** is created to recognize an athletic trainer who has exceeded the traditional expectations of a high school AT and has invested significant personal commitment to sports safety into a school program.

## Recommended Criteria: *High School Athletic Trainer of the Year Award*

- A licensed athletic trainer employed by a school or an athletic trainer employed independently or by a clinic, hospital or practice who provides dedicated care to a high school program
- Athletic trainer provides leadership for sports safety in a respected professional manner within their school program as demonstrated by regular attendance and presence at athletic events and within athletic training facility at the high school.
- An athletic trainer who has maintained professional collegial relationships with team physician and external medical community and maintains credentials.
- An enthusiastic advocate for sports safety within the high school athletic department and among parents.
- Superior clinical services benefitting north Florida student-athletes as demonstrated by regular and routine athletic training facility availability coordinated scheduling with coaches and administration or external clinical facility.
- Engaged through speaking engagements, volunteer roles, meeting attendance or social media presence.

- Demonstrated passionate commitment through actions, volunteerism, and leadership to the mission of the Jacksonville Sports Medicine Program and kid's sports safety.
- Proficient and profound implementation of best practice standards within school-based athletic training facility and program.
- Advanced communication and messaging regarding sports injury prevention, early interventions and community leadership.
- Creative student engagement for those interested in health care professions and those seeking health care services.

**Recipients: The HS Athletic Trainer of the Year Award**

Inaugural Award 2022:

# Youth Sports Safety Impact Award:



## History:

A new recognition in 2022 designed to recognize an individual or group that has influentially impacted the health and safety of high school student-athletes within the north Florida region or beyond.

This is an open category award inviting coaches, athletic directors, administrators, parents, politicians and others to join with clinical medical community in advancing sports safety at the high school level.

**The Youth Sports Safety Impact Award** is created to recognize the efforts and work of an individual or group that has positively impacted high school sports safety.

Past Recipients: **The Youth Sports Safety Impact Award**

Inaugural Award 2022:

## Recommended Criteria: *The Youth Sports Safety Impact Award*

- An individual or group who has demonstrated a sincere commitment in the area of youth sports safety within high school sports.
- Enthusiastic advocate for youth sports safety as demonstrated by work, speaking engagements, legislation, social media, fundraising, volunteer roles or other means.
- Demonstrated passionate commitment through actions, volunteerism, and leadership to the mission of the Jacksonville Sports Medicine Program and kid's sports safety.
- Proficient and profound knowledge and implementation assistance of best practice standards within school-based athletic training facilities and programs.
- Advanced communication and messaging regarding sports injury prevention, early interventions and community leadership.

# **Excellence in Sports Media Awareness Award**

**History:** Created to recognize media personalities or media group (s) who advocate for sports safety in north Florida.

Advocacy is a tough job, trying to reach all members of the community on important issues is not a one person job. Advocating for kids sports safety is just as challenging as it is rewarding. The results are impactful. This line of work takes a lot of passion and conviction. As we try to maximize our reach in fulfilling the JSMP mission, media outlets play a vital role. Therefore, our JSMP Governing Board has created an award to recognize the support of our media personalities who are leaders in their field and share our passion for the awareness of sports related injury.

## **Recommended Criteria:** *Excellence in Sports Media Awareness Award*

- A media personality or media group in Florida recognized by their support of sports safety advocacy, whether through a presentation or series of presentations.
- One who shares JSMP's passion for awareness of sports-related injuries and advocates for best practice strategies.
- One who has demonstrated a promotion of prevention and safety in their presentations and acts as a change agent.
- A good partner for advocacy in youth sports

## **Recipients:**

- 2015 Jennifer Waugh, WJXT TV 4 Jacksonville

# **The Life Changing/Educational Impact Award**

**History:** Created to recognize a healthcare professional, lay individual or a group involved in a lifesaving event as well as invoking prevention or education related to potential medical crises. Also, to recognize the creation and implementation of life-saving policies, protocols & / or procedures.

## **Recommended Criteria:**

- a. Demonstration by a healthcare professional, lay individual or group directly involved in a lifesaving event.
- b. Developed, presented or implemented educational programs related to lifesaving processes.
- c. Developed original material and implementation of life saving policies and procedures or protocols.
  - I. Education: publication related to sports safety
  - II. Legislative advocacy for sports safety topics
  - III. Presentation(s): List accordingly topic, where, when presented related to sports safety
  - IV. Demonstrated significant social media presence to promote prevention, preparation, implementation of safety in sports
  - V. Product development and application specific to sports safety

## **Recipients:**

- 2013 Eva McAllister, PT, LAT, ATC
- 2014 Katelyn Ostopick, LAT, ATC
- 2015 Randy Bryant, MD & UF Health Pediatric Cardiology team
- 2019 Mike Ryan, PT, LAT, ATC, PES
- 2019 Ed & Laurie Giordano : Zach Martin Foundation for Heat Illness & Cold Water Immersion Instructional Video