Presented by the Jacksonville Sports Medicine Program & Jacksonville University

Friday, April 20, 2018
Jacksonville University, Gooding Auditorium, 2800 N. University Blvd. 32211

12:50 pm – 1:00 pm Welcome – Bob Sefcik, JSMP Executive Director & Dr. Tim Cost, JU President

Moderator: Chris Robertson, Ph.D., Associate Professor & Department Chair, Kinesiology

1:00 pm – 2:00 pm Session 1 – The Science of Sports Nutrition – Stephanie M.C. Wilson, Ph.D., RD, LDN; Toronto Blue Jays Head of Nutrition; Presented by Gatorade Sports Science Institute. (1 CEU)

2:00 pm – 3:00 pm Session 2 — Creating Positive Attitudes Towards Nutrition in Athletes, Mindy Black, MS, RD, CSSD, CPT; Director of Performance and Nutrition, Jacksonville Jaguars (1 CEU)

3:00 pm - 3:15 pm Break

3:15 pm – 4:15 pm Session 3 – Mastering Sports Recovery: Taking Care of Business After the Final Whistle - Mike Ryan, PT, LAT, ATC, CES, PES; Mike Ryan Sports Medicine (1 CEU)

4:15 pm – 5:15 pm Session 4 – Concussion & Head Trauma Spotlight Session: NFL Concussion Assessment Program and Improving our On Field Recognition Scott Trulock, MA, LAT, ATC; Head Athletic Trainer, Jacksonville Jaguars (1 CEU), Introduction by Dr. Michael Yorio

5:15 -5:30 Closing remarks 5:30 – 6:45 pm Reception to follow at the Jacksonville University River House overlooking the St. John’s River

Saturday, April 21, 2018
Jacksonville University, Gooding Auditorium, 2800 N. University Blvd. 32211

8:00 am – 8:10 am Welcome- Jim Mackie, JSMP Program Development
Morning Moderator: Michelle Boling, Ph.D., LAT, ATC, Professor, Post-Professional Athletic Training, University of North Florida
8:10 am – 9:00 am Session 5 – **The Latest Developments in Concussion Research**: Dr. Russell Bauer, Ph.D., ABPP; Professor of Clinical Health Psychology & Neurology, University of Florida (1 CEU)

9:00 am – 10:00 Session 6 Heat Illness – (1 CEU)

- **A Parents Reality** – Mr. & Mrs. Ed Giordano parents of Zach Martin
- **Proposed new FHSAA Wet Bulb Globe guidelines** - Bob Sefcik, Executive Director, JSMP, FHSAA Sports Medicine Advisory Committee (SMAC)
- **Recognition and Prevention of Exertional Heat Illness** - Rebecca Lopez, Ph.D., LAT, ATC; Associate Professor / Director of Post-Professional Athletic Training, University of South Florida

10:00 am – 10:10 am Coffee Break

10:10 am – 10:55 am Session 7 – Cardiac Issues in Life and Sports – Presented by ZOLL (1 CEU)

- **My Reality** - J.R. Bourne, a cardiac arrest survivor with Charlie Patton, Journalist, Jacksonville.com
- **Improving Cardiac Safety in Young Athletes** - John (Norman) N. Patton, MD Cardiologist, Mayo Clinic

11:00 am – 12:00 pm Session 8 - The Impact of Opioids on Sport and Society (1 CEU)

- **Sports & Addiction: A Parents Reality** - Ms. Debbie Rizer, President & Founder of the Derek Hatcher Foundation
- **Untangling Addiction** - Marcus DeCarvalho, MD, Founder, President, and Medical Director, The Center for a Healthy Mind and Wellbeing

12:00 pm – 1:30 pm Lunch, Awards, & **Keynote address by Allen Sills, MD**, Chief Medical Officer, National Football League (NFL) (.50) Introduction by Dr. Kevin Kaplan, Team Physician, Jacksonville Jaguars

Afternoon Moderator: Jim Mackie, Program Development, Jacksonville Sports Medicine Program

1:30 pm – 2:20 pm Session 9 – Head Trauma and Second Impact Syndrome (1 CEU)

- **Sports Injury: A Parents Reality, Living with Second Impact Syndrome** - Ms. Courtney Sapp
- **NFL Concussion Update** - Allen Sills, MD, Chief Medical Officer, National Football League (NFL)

2:30 pm – 3:15 pm Session 10 –Session 8 – Heat Spotlight Session (.75 CEU)

**Best Practices for Treatment of Exertional Heat Illness** - Rebecca Lopez, Ph.D., LAT, ATC, CSCS; Associate Professor / Director of Post-Professional Athletic Training, University of South Florida

3:15 pm – 3:45 pm **AT Cares Program** (.50 CEU) – Marisa Brunett, LAT, ATC; District Director, District 9, National Athletic Trainers Association, (NATA)

3:45 pm – 4:00 pm Closing remarks and presentation of door prizes & ZOLL AED
CEU /CME Credit, Cost, Registration, Online Livestreaming Options, Hotel

Early Registration January 1 – March 30; Late Registration April 1 – 18; April 19 …CASH ONLY (No Credit Cards)

Registration Link:
http://events.constantcontact.com/register/event?llr=zwoblmeab&oeidk=a07eexyeh6m6b714a50

Credit – 10.5 - CME APPROVED; BOC EBP & Category A CEU APPROVED

OPTION 1:

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Cannot attend in person?
New for 2018, Livestream online option is available for select topics on Friday

OPTION 2: Livestream Option: Friday afternoon sessions 1-3: $75.00 bundled. These CANNOT be separated. Just register for the live stream course and you will be issued a link to log in at the time of the presentation. Following the event you will be issued a coupon code to take a short exam, complete your speaker survey and then receive your certificate.

OPTION 3: Following the Symposium selected Home Study courses will be available from ICEU (Innovative CEU’s, LLC) $30.00 per course available April 25, 2018 – April 30, 2020; http://innovativeceus.com/

JSMP Cancellation and refund policy for paid events
Cancellations/Refunds for registration fees will be granted under the guidelines listed below. All requests for refunds must be made in writing to the JSMP Executive Director (emails will be accepted as written documentation). Four weeks prior to the start of the scheduled meeting – full refund minus $25.00 processing fee. Three weeks prior to the start of the scheduled meeting – 50% refund. Less than two weeks prior to the start of the meeting – 0% refund

Hotel: Hyatt Riverfront, Call for rates 904.360.8653 ask for Quinton Jones

The Jacksonville Sports Medicine Program is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 10.5 hours BOC Category EBP of continuing education (total 10.5 for AT). Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the CE activity.

BOC Approved Provider number: P3634

Baptist Health is accredited by the Florida Medical Association to provide continuing medical education for physicians. Baptist Health designates this educational activity for a maximum of eleven and one-fourth (10.5) AMA PRA Category 1 Credits ™. Physicians should only claim credit commensurate with the extent of their participation in the activity. Disclaimer: Views and conclusions expressed in this program are those of the presenter(s) and not necessarily those of the employees, administration or Medical Staff of Baptist Medical Center. All material presented in this program is provided for information only, and may not be construed as professional advice. Use of Baptist Medical Center’s facilities for this presentation does not imply endorsement of any product, service or opinion discussed. Disclosure: All faculty participating in continuing medical education activities sponsored by Baptist Health are required to disclose to the audience whether or not they do or do not have any real or apparent conflict(s) of interest or other relationships to the content of their presentation(s). *The Planners/Activity Directors of this CME activity do not have any real or apparent conflict(s) of interest or other relationships to the content of the presentations.