



Jacksonville Sports Medicine Program Suggests Team Physician Game day Protocol

Team Physician Protocol

General Responsibilities

- 1). Introduce yourself to either the Athletic Director of the School, or the Head Coach of the covered sport.
- 2). Know what medical equipment you are expected to bring to the game.
- 3). If for any reason you are unable to be present at an assigned game and you can't find a replacement, please contact one of the backup physicians listed in your packet
- 4). Ambulance coverage may or may not be available on site.
- 5). Inform the Head Coaches of both teams that you are present and where you will be located during the game. (Typically, Sidelines of home team)
- 6). Establish with the Head Coaches prior to the game, the circumstances for physician involvement regarding on the field injuries. Include, what you expect from the coaching staff.
- 7). If available, Inform the Ambulance staff that you are present and where you will be located and review duties for on field injuries. Include, a review of head / neck injury guidelines.
- 8). At the conclusion of the game be sure to contact the Head Coach of the visiting team and the home team, and inquire whether they wish to have any of their athletes checked prior to departure from the game site.

Suggested Medical Equipment

It is suggested that the Physician's Field Equipment Bag should include the following items:

1. Splints
2. Blood Pressure Cuff
3. Stethoscope
4. Tongue Blades
5. Simple Otoscope
6. Bandages
7. Hydrocortisone, 100 mg.
8. A Vial of 50% Glucose Solution
9. Aqueous Epinephrine, 1:1000
10. Syringes & Needles
11. Alcohol Sponges
12. Rubber Tourniquet
13. Suture Set (optional)
14. Injectable Local Anesthetic (optional)
15. Prescription Pad

***Either Bring Your Own Medical Bag Or Check With The On-Site Ambulance. It is customary for a physician to be able to utilize ambulance supplies if needed.**